



# SAN BENITO COUNTY BOARD OF SUPERVISORS

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## **PROCLAMATION**

### ***Recognizing March 2019 As National Chronic Kidney Disease Education Month in San Benito County***

**WHEREAS**, Chronic Kidney disease is the ninth leading cause of death in the United States and affects one out of every 20 Americans or about 20 million individuals with Chronic Kidney or urinary tract diseases. In Northern California, more than 11,000 people have chronic renal disease that requires either dialysis or a kidney transplant to stay alive; and

**WHEREAS**, right now, over 70,000 kidney patients nationwide are waiting for kidney transplants and this critical shortage of organ donation will only increase in the years to come. Educating the public on the importance of participating in the organ donation program will only save lives; and

**WHEREAS**, severe high blood pressure causes kidney malfunction over a relatively short period of time, but even mild forms of high blood pressure can damage kidneys over several years with no symptoms evident until there is serious damage; and

**WHEREAS**, early detection can help prevent the progression of kidney disease to kidney failure. The earlier kidney disease is detected, the better the chance of (1) slowing or stopping its progression and (2) avoiding going on dialysis or getting a kidney transplant; and

**WHEREAS**, the San Benito County Board of Supervisors encourages the community to be educated on Chronic Kidney disease, to be informed on high blood pressure by visiting their doctor regularly and follow through on medical recommendations; and

**WHEREAS**, public policy initiatives targeted at early identification, controlling high blood pressure, an early intervention in those with kidney diseases can reduce the serious long-term effect of Chronic Kidney disease on the population and the significant economic burden on individuals and society.

**NOW, THEREFORE**, the San Benito County Board of Supervisors recognize the month of March, 2019 as "***National Chronic Kidney Disease Education Month***" and urges all San Benito County citizens to familiarize themselves with the causes of chronic kidney disease, and the importance of intervention to promote sustained health and a better quality of life.

In Witness of the approval of this proclamation by the Board of Supervisors of San Benito County on the 5<sup>th</sup> day of March 2019.

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Mark Medina, Chairman  
Board of Supervisors, County of San Benito