



SAN BENITO COUNTY BOARD OF SUPERVISORS

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PROCLAMATION

“Breastfeeding Awareness Month in San Benito County”

Whereas, all available knowledge indicates that human milk optimally enhances the growth, development and well-being of the infant by providing the best possible nutrition, and protection against serious health conditions, including obesity, diabetes and allergies; and

Whereas, breastfeeding provides benefits at little or no cost; and

Whereas, breastfeeding benefits society through lower health care costs for infants, a healthier workforce, stronger family bonds, and less landfill waste; and

Whereas, breastfeeding saves lives by reducing the incidence of several types of life threatening cancers in women and serious illnesses in vulnerable infants; and

Whereas, the professionals at San Benito Health Foundation, WIC Program, promote breastfeeding education and resources to all families of San Benito County and their employers, such as the lactation accommodation laws requiring employers to provide their breastfeeding employees both the time and a private space in which to either nurse their infants or to express breast milk for their benefit; and

Whereas, this year's World Breastfeeding Week theme is Foundation of Life. The theme seeks to reinforce breastfeeding as a universal solution to giving everyone a fair start in life. Preventing malnutrition, ensuring food security, and breaking the cycle of poverty are key elements of the 2018 agenda. We seek to reach as many groups, and people of various ages as possible; and

Whereas, the people of San Benito County, California are deserving of good health; and

Now, Therefore, Be It Resolved, that the San Benito County Board of Supervisors does hereby proclaim August 2018 as "Breastfeeding Awareness Month" in the County of San Benito, California in order to actively promote breastfeeding as the optimum and preferred method of infant feeding and as our community's cultural norm.

In witness of the approval of this proclamation by the Board of Supervisors of
San Benito County on this 7th day of August 2018.

Anthony Botelho, Chairman
San Benito County Board of Supervisors