



## SAN BENITO COUNTY BOARD OF SUPERVISORS

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### IN THE MATTER OF A PROCLAMATION DECLARING THE MONTH OF MAY AS MENTAL HEALTH MONTH IN SAN BENITO COUNTY

***WHEREAS,** Mental illness affects the psychological and emotional health of millions of people of all ages, race and ethnicity every year;*

***WHEREAS,** The symptoms of mental illness can be managed or eliminated through early intervention, treatment services and intervention; and*

***WHEREAS,** We must eliminate the social disparity that exists in society's willingness to equally accept mental illness in the same manner as physical illness, allowing individuals to step forward without stigma to access the support and services that lead to hope and recovery.*

***WHEREAS,** The month of May is recognized nationally and throughout the State as Mental Health Month to eliminate the social stigma attached to mental illness and to provide hope and recovery*

**NOW, THEREFORE, BE IT PROCLAIMED,** that the San Benito County Board of Supervisors recognizes the importance of eliminating social stigma attached to individuals experiencing mental illness and embraces the belief that individuals experiencing mental illness can recover, we do hereby resolve that the month of May 2022 is Mental Health Month in the County of San Benito.

In witness of the approval of this proclamation by the Board of Supervisors of San Benito County on this 10<sup>th</sup> day of May 2022.

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Bea Gonzales, Chair  
San Benito County Board of Supervisors