



# SAN BENITO COUNTY BOARD OF SUPERVISORS

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## PROCLAMATION

### *“Positive Parenting Awareness Month – January 2022”*

**WHEREAS**, raising children and youth to become healthy, confident, capable individuals is the most important job parents and caregivers have; and

**WHEREAS**, all people have inner strengths or resources, yet many parents, caregivers, children, and youth—of every age, race, ethnicity, culture, and social identity—feel stressed, isolated, and overwhelmed at times; and

**WHEREAS**, the COVID-19 pandemic, climate crises, and racial injustices have exacerbated economic insecurity, mental health challenges, domestic violence, discrimination, and other trauma experienced by families—particularly Black, Indigenous, Latinx, Asian, and other families of color that already experience inequities rooted in structural racism; and

**WHEREAS**, the quality of parenting or caregiving is a powerful predictor of future social, emotional, and physical health, and families come in many forms with children raised by parents, grandparents, foster parents, family members, and other caregivers; and

**WHEREAS**, positive parenting is a protective factor that prevents and heals Adverse Childhood Experiences, which impact lifelong health and well-being and occur in the context of Adverse Community Environments that lack equity; and

**WHEREAS**, in San Benito County, families can receive support from positive parenting programs, including the Triple P - Positive Parenting Program, an evidence-based program available thanks to a partnership between San Benito County Sheriff Department, First 5 San Benito and the County’s Health and Human Services Department, and Probation; and

**WHEREAS**, Triple P has benefitted over 20,000 parents and children in San Benito County since 2010 through proven strategies to strengthen relationships, promote children’s development, and handle parenting challenges; and Triple P practitioners and other providers have maintained support for children and families throughout constant disruption and uncertainty; and

**WHEREAS**, everyone can play a vital role in supporting parents and caregivers to raise happy, healthy children; and during the month of January, First 5 Santa Cruz County and many others, will be increasing awareness of the importance.

**NOW, THEREFORE**, I, Bea Gonzales Chair of the San Benito County Board of Supervisors, hereby proclaim January 2022 to be the 2<sup>nd</sup> Annual Positive Parenting Awareness Month in San Benito County, California, and commend this observance to the people of this county.

In witness of the approval of this proclamation by the San Benito County Board of Supervisors of San Benito County on this on this 25<sup>th</sup> day of January, 2022.

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Bea Gonzales, Chair  
San Benito County Board of Supervisors